



Discovering What You Already Have

Thursday, January 19 • 12-1 p.m.
Edgewater Health • 1100 W. 6th Ave.

DR. DANITA JOHNSON
CEO OF EDGEWATER HEALTH

Dr. Johnson is a healthcare industry expert and executive, speaker and author of *The Unapologetic Woman* and *The Women's Little Purple Book for Leadership*.

Recognized as an authority on leadership and organization turn-around, Dr. Johnson helps leaders and teams strengthen behaviors that positively impact their relationships, resilience and results. At the first Mind, Body & Spirit program, she will present a talk on "Discovering What You Already Have."



For Your **Whole** Life

FREE EVENT

No registration needed! Join us for our monthly Mind, Body & Spirit talks. Stay tuned for a new topic every month!