

Edgewater Health presents:

AN HOUR OF POWER

Bringing Awareness to Mental Health

Come join us in May as we discuss weekly topics focused on Mental Health!

Edgewater Health Main Building

1100 W. 6th Ave, Gary IN, 46402

12:00 pm - 1:00 pm

WEEKLY DISCUSSIONS:

Trauma Awareness	THURSDAY, MAY 5
Suicide/Depression	THURSDAY, MAY 12
Substance Abuse Prevention	THURSDAY, MAY 19
Stress Less	THURSDAY, MAY 26



Contact:

Sandra Campos,
Community Outreach Coordinator
219.885.4264 ext. 2808
scampos@edgewaterhealth.org