



### **WE WELCOME REFERRALS**

Edgewater wants to be a supportive resource for those you care about. We welcome referrals from social service agencies, clergy, school systems, insurance companies, court systems, probation/parole agents, independent counselors, physicians, hospitals, and case managers. All information is held in the strictest confidence and only released with the written consent of the consumer, except when required by law.

### **FEES AND INSURANCE**

Edgewater Behavioral Health Services accepts Medicaid and many other insurance plans. For children and families without insurance, we offer a sliding fee scale so that our services are available for everyone. Presumptive Eligibility is also Available.

### **Edgewater Behavioral Health Services**

1100 W. 6th Avenue  
Gary, IN 46402

For more information about any of our programs or services, please call our main number:

219.885.4264

[www.edgewaterstems.org](http://www.edgewaterstems.org)

# **EDGEWATER FAMILY & YOUTH BEHAVIORAL HEALTH SERVICES**

**Philosophy:** The Family & Youth Services Program is committed to the provision of quality psychotherapeutic interventions for children, adolescents and families in the community through a continuum of affordable behavioral health care services. All program activities embody the value placed on the dignity of the individual and the need for personal growth. Moreover, the program reflects the importance placed on leadership, continuous quality improvement, responsible stewardship and community involvement.



## **THROUGH THE EYES OF A CHILD**

Sometimes we don't realize all the problems that children face: The pressure to fit in. Saying no to drugs, gangs, and sex. Coping with divorce or abuse. Trouble in school. To a young mind, issues like these can be overwhelming. Appropriate support and treatment is essential in helping relieve distress and promoting healthy coping skills.

## **RECOGNIZING THE SIGNS**

Early intervention for children and adolescents who are experiencing emotional or behavior problems can help increase success in school, at home, and in life. It's important for caring adults to know when a child needs professional help. Warning signs include the following:

- Persistent sadness and crying, or hopelessness
- Anger that persists or occurs most of the time; overreactions common
- Refusing to attend or declining school performance
- Extreme fearfulness or excessive worrying
- Loss in interest in previously enjoyed activities
- Changes in sleeping or eating habits
- Using alcohol or drugs; excessive sexual thoughts or actions
- Repetitive habits and rituals
- Having racing thoughts, seeing things or hearing voices that cannot be explained
- Constant concern about physical problems or appearance
- Talk of suicide or worry about hurting others or doing something bad

## **FINDING THE RIGHT SERVICE PROVIDER IS CRITICAL**

Since 1974, Edgewater Behavioral Health Services (Edgewater) has been providing help and hope in the lives of those who need it most. Guided by professional experience, a focus on quality, evidence-based services, and a deep commitment to the community, Edgewater has established itself as a leader in providing quality interventions that can lead to a promising future.

Edgewater's Family & Youth Services department is staffed by an experienced team of highly qualified licensed professionals including psychiatrists, psychologists, social workers, therapists, and case managers. Together, they provide out-patient and/or home-based psychotherapy, psychiatric consultations, medication evaluations, and other treatment options and services to help children, adolescents, and their families cope with issues affecting their lives.

## **AVAILABLE SERVICES**

### **• Outpatient Services**

The Outpatient Program is located at the main facility at 1100 West Sixth Avenue, Gary, Indiana, 46402. The Outpatient Program is designed to serve children and adolescents, age 6-18 as well as parents and family members who participate in the ongoing psychotherapy process. Participation in our programs typically includes weekly outpatient office visits for either individual, family and/or group evidence-based psychotherapy. The program evaluates each child and adolescent from a developmental perspective and emphasizes integration of the family system into the intervention process.

### **• Community-Based Services**

These programs are designed to meet the needs of families who have children with behavioral health problems. Most services are provided in a family's home at their convenience. The services include in home counseling to assist with behavioral health needs, behavior modification, medication adherence, and any other type of service that will train and assist the child and family to address the needs of their children in a community setting.

### **• Day Treatment Services**

The Day Treatment Program provides a structured educational environment alongside mental health services, Monday-Friday from 8 a.m. to 3 p.m. Students between the ages of 8-18 receive educational instructions, therapeutic activities, as well as individual therapy and case management. Parents receive individual therapy, family counseling, and parent education. The program is designed to serve children diagnosed with serious emotional disorders, behavioral problems, and mental health needs in a more structured setting.

### **• Truancy Termination Program**

This program targets middle school students in grades 6-8 and utilizes a series of progressively intensive steps to hold children and parents/guardians accountable for truancy. The program is a school-judicial-behavioral health collaboration. The goals of the program are to provide comprehensive integrated services to truant students and their families, and to reduce delinquent behavior and the risk factors leading to such behavior. Services provided include; family support, parent education, crisis intervention, monitoring of school attendance and behavior, substance abuse, individual therapy, and case management.

## REFERRAL PROCESS

Edgewater welcomes referrals from social service agencies, clergy, school systems, insurance companies, court systems, probation/parole agents, independent counselors, physicians, hospitals, and case managers. All information is held in the strictest confidence and only released with the written consent of the consumer, except when required by law.

All referrals should be made to the  
Program Manager at:  
**219.885.4264**

All referrals will be assessed within 48 hours of referral call and receipt of relevant documentation.



1100 W. 6th Avenue • Gary, IN 46402  
**219.885.4264 Tel 219.881.2468 Fax**  
**www.edgewaterystems.org**

**Hours of Operation: 7:30 am – 4pm**  
Private insurance and Medicaid accepted.  
Presumptive Eligibility Available  
**Transportation Available for Youth**



## PARENT INVOLVEMENT/RESPONSIBILITY

Parents are expected to participate in the student's programming, through family therapy and monthly family nights. Parent involvement is key to student success!

## DRESS CODE AND MEALS

All enrolled students are expected to adhere to the dress code of khaki or black pants. Students are allowed to wear polo shirts from their home school. Students are expected to wear black shoes or gym shoes. Students will be provided breakfast and lunch.



# EDGEWATER DAY TREATMENT PROGRAM

*for Children and  
Families of Lake County*



## LENGTH OF PROGRAM : 6 TO 9 MONTHS

The program has three phases:

Phase I: 3 months Phase II: 3 months Phase III: Transition to school up to 3 months  
A level system will be implemented.



## DAY TREATMENT PROGRAM FOR CHILDREN AND FAMILIES OF LAKE COUNTY

Edgewater Day Treatment Program provides a structured educational environment alongside of mental health services, Monday-Friday from 8 am – 3 pm, year-round.

Students receive 3 hours of educational instruction and 3 hours of therapeutic activities, as well as individual therapy and case management. Parents receive individual therapy, family counseling, and parent education.

The day treatment program is designed to serve children diagnosed with serious emotional disorders, behavioral problems, and mental health needs in a more structured setting. Children and youth with complex needs will be able to remain with their families in their communities and continue learning while receiving intensive mental health treatment.

Our staff includes a child psychiatrist, therapists, case manager, nurse, certified teacher, teacher aide, and an educational technician who work together to ensure that every child receives the care and attention he or she deserves.

## MISSION

The mission of the Day Treatment Program is to provide quality, individualized mental health services in an emotionally supportive, physically safe, and culturally sensitive environment in collaboration with parents, caregivers, schools, and community. We want to ensure that children and families of Lake County achieve their full human potential.

## PHILOSOPHY

Our philosophy is that all students can learn at high levels with appropriate support. Student success is central to the management of learning. We work with the whole student — personal, social, emotional, intellectual, life skills, safety, and security — to achieve success. Individual learning differences are recognized and embraced. We provide trauma focused care. Many students have experienced life events which impact their ability to learn. Our program is sensitive to student and family needs.

## GOALS

- To provide a safe, caring and orderly learning environment for every student.
- Increase student achievement as measured by state and local accountability requirements.
- Increase parental involvement and input.
- Reduce dropout, suspension, and expulsion rates.
- Improve student-peer relations; self-regulation in a school like setting
- Provide a learning environment addressing student's unique emotional and behavior needs.
- Teach students how to take responsibility for their actions and treat others with respect.

## PROGRAM COMPONENTS

- Individual, group and family therapy and psychological services
- Diagnostic/substance abuse assessments
- Medical evaluation/medication monitoring
- Case management and resource referral
- Behavior modification/management
- Identification of student's unique learning style; Personalized educational plans
- Life skills techniques and anger management, and conflict resolution

**All students are eligible from ALL schools systems in Lake County, Indiana.**

**A list of exclusionary criteria beyond the scope of the program is available.**

## ADMISSION CRITERIA, PLACEMENT, AND TRANSITION

The Day Treatment program specializes in working with individuals between the ages of 8-18 who require a more intensive therapeutic environment than outpatient treatment provides. We specialize in helping:

- Those at risk for truancy, academic failure, and/or suspended, expelled, or have dropped out.
- Those with emotional and/or behavioral problems and/or at risk of participation in juvenile justice.
- Those who are returning from psychiatric hospitalization and/or a juvenile justice facility.
- Those whose learning styles are better served in an alternative setting.
- Those whose DSM-V criteria with a CANS level of need of 4 or 5.

A case conference occurs with referral source and Edgewater's therapeutic team to discuss admission to the program. The staff work with all relevant parties to develop a transition plan for returning to the home school.

## TRUANCY TERMINATION PROGRAM

Edgewater Behavioral Health Services is pleased to announce a Truancy Termination Program. This program is a school-judicial-mental health collaboration.

### TRUANCY

- Misses school more than 5 times without an excuse
- Habitual tardiness, late more than 30 minutes, more than 6 times
- Any combination of the two above

### PROGRAM

- Parent/Guardian involvement
- A continuum of services, including meaningful incentives, consequences and supports
- Collaboration with community resources, such as law enforcement, mental health and social services.
- School based-level administrative support and commitment to maintaining you th in the educational mainstream.

This truancy program targets middle school students in grades 6 - 8 and utilizes a series of progressively intensive steps to hold children and parents/guardians accountable for truancy. The program targets a middle school student that has a demonstrated need.

The Truancy Termination program is a partnership of agencies working together to improve the community's response to truancy and educational neglect. The partnership includes Lake County Supreme Court, Juvenile Probation, and Schools in Hammond, East Chicago, and Gary.

The Truancy Termination Program goal is to provide comprehensive integrated services to truant students and their families to reduce delinquent behavior and the risk factor leading to such behavior. Mental health services include initial needs assessment, case investigation, unannounced home contacts, weekly school site contact, counseling with parents/guardians and students and referring families to appropriate community resources.



# EDGEWATER TRUANCY TERMINATION PROGRAM



1100 W. 6th Ave. Gary, IN 46401

219.885-4264

219.881.2468 Fax

[www.edgewaterbehavioralhealth.com](http://www.edgewaterbehavioralhealth.com)



## GOALS OF TRUANCY TERMINATION PROGRAM:

- Improve school attendance for truant students
- Discharge future truancy
- Helping to make education a top priority for student
- Assess truant students individually to best determine his or her needs
- Work with families to determine the cause of truancy
- Reduce the negative impacts caused by truancy and juvenile delinquencies

## We believe kids need a great education and they can't get it if they're not in school.

- Truancy is a problem in Northwest Indiana
- Truancy is expensive and we all end up paying for it sooner or later
- There is a direct link between truancy and juvenile delinquency
- Truants are at a greater risk for getting involved with alcohol, drugs, gangs, and violence
- Parents need to understand why it's important for their kids to get to school and stay there
- Education should be the top priority of truants

Truancy is a problem that affects the whole community, and many agencies are responsible for helping to reduce it.

## WHY DOES MY CHILD NEED TO GO TO SCHOOL?

To get the best start in life, a child needs a good education.

The purpose of the Truancy Termination Program is to provide school dropout prevention education, job readiness skills services, parent education, and family support services to youth and their families in order to reduce reduction of delinquent youth truants.

## SERVICES PROVIDED

- Family Support
- Parent education
- Crisis Intervention
- Monitoring of school attendance, behavior
- Transportation
- Individual therapy, case management
- Substance Abuse

This is a comprehensive program that assesses the needs of both the youth and family. The Truancy staff is comprised of therapists and case managers who collaborate with the courts, probation officers and school personnel. The therapist develops a Family Development Plan. The Family Development Plan is developed to assist the family and the child in attending school and improve over all functioning.



## BOTH THE YOUTH AND FAMILY WILL BE REQUIRED TO ATTEND (SIX) WEEKLY SKILLS-BASED CLASSES.

### TRAINING FOR PARENTS INCLUDE:

- Role as parent and self-esteem
- Understanding child growth and development/sibling rivalries
- Communication and listening skills/relationships
- How to use effective discipline/problem solving
- Anger management/conflict resolution
- Teaching morals, values and respect
- Financial Management

### YOUTH MODULES

- Personal Hygiene
- Truancy
- College Awareness
- Conflict Resolution
- Relationships (peer to peer and peer to parent)
- Substance Abuse
- Decision Making, Time Management, and Goal Setting