

THEIR PROBLEM IS NOT UNIQUE

Every day thousands of people struggle with issues like anxiety, depression, anger, divorce, abuse, addictions, and other emotional and behavioral disorders.

THEIR ENTIRE LIVES ARE AFFECTED

Their family and friends, their jobs, and their outlook are all suffering because of their problems. They think they need a good reason to get help, yet they can't see the reasons are in front of them every day.

THEIR OPTIONS ARE RUNNING OUT

At first they thought they could handle it. That it would go away. But it hasn't and they feel they are out of control and unable to cope with the stresses of life. They need help now.

THEIR BEST CHANCE IS EDGEWATER SYSTEMS

Whether they call or someone who loves them makes the call, the professionals at Edgewater can help individuals and their families to regain balance in their lives.



ADULT SERVICES

BRIEF EVALUATION AND TREATMENT



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edgewaterSystems.org

WALK-INS WELCOME • CONFIDENTIAL CARE

IT'S NOT ALWAYS EASY

Everyone faces issues that can have dramatic effects on their lives. People cope with them in many ways including support from family and friends, with inner strength, or spiritual guidance. But sometimes these issues can be overwhelming, and it's not always easy for people to regain control of their lives. When something in your life or the life of someone you love becomes too much to handle, Edgewater will be here to help.

BRINGING BALANCE TO LIFE

For nearly 40 years, Edgewater Systems has been providing help and hope in the lives of those who need it most in Gary and surrounding communities. Guided by professional experience, a focus on quality services, and a deep commitment to the community, Edgewater Systems has established itself as a leader in providing quality lifestyle interventions through a full scope of behavioral healthcare services.



THERE'S A PLACE TO TURN

Edgewater Systems offers a complete range of Adult Services that provide guidance and solutions to help clients work through difficult issues:

- Anxiety, Depression & Panic
- Death of a Loved One
- Surviving Trauma (rape, incest, abuse, accidents)
- Domestic Violence
- Anger and Impulse Management
- Living with Physical Disorders
- Marital & Relationship Issues
- Psychosis
- Addictions
- Residential Treatment
- Case Management
- Outpatient Services
- Crisis & Emergency Treatment
- Consultation, Education & Assessment

EXPERIENCED, CARING PROFESSIONALS

Edgewater's B.E.A.T. department is staffed by an experienced team of highly qualified, licensed professionals, including psychologists, social workers, therapists, and case managers. Together they provide psychotherapy, psychiatric consultations, inpatient acute psychiatric evaluations, stabilization, medication evaluations, and other treatments and services to help clients cope with the issues affecting their lives. Clinical staff includes board certified psychiatrists, psychiatric nurse practitioners, doctorate and master's level mental health professionals.

HOW WE HELP

YOUR JOURNEY TOWARD RECOVERY BEGINS HERE

- Screening, assessments, triage, and referrals as needed
- Delivering effective brief counseling utilizing Cognitive Behavior Techniques
- Linking clients to medical or specialty addiction treatment services, as needed
- Working with psychiatrists in ongoing care coordination
- Providing follow-up and recovery support services to clients
- Providing crisis intervention

Short term treatment services, when appropriate, may include crisis management, psychotherapy, psychiatric evaluation, prescription medication, medication monitoring, and case management.

